



## **FIRST AID TRAINING**

The Earl Shilton Business Forum is pleased to announce further benefits to all of its members. Through grants obtained through local government we can now offer heavily subsidised First Aid Training.

In line with the HSE requirements of companies and business's we have organised two courses on behalf of the Forum members.

### **First Aid at Work (Great Britain)**

The Emergency First Response (EFR) First Aid at Work (Great Britain) course is a Health and Safety Executive (HSE) approved first aid course for the purpose of meeting the Health and Safety (First Aid) Regulations 1981. This programme meets the statutory needs of employers in England, Scotland, Wales and Northern Ireland needing at least one First Aider on the premises.

The Emergency First Response First Aid at Work (Great Britain) course is customised to UK Resuscitation Council basic life support protocols and nationally accepted first aid protocols and is based upon the instructor led delivery of the Emergency First Response Primary Care and Secondary Care modules instructor digital lesson guides. Modules on Caring for Specific Illnesses and Injuries, and First Aid in the Workplace compliment these. The course has its own materials including participant and instructor manuals, and benefits from the use of the existing Emergency First Response Primary Care and Secondary Care video.

This course is run over four days.

The provisional dates set are

THURSDAY 6 <sup>TH</sup>	NOVEMBER 2008
FRIDAY 7 <sup>TH</sup>	NOVEMBER 2008

THURSDAY 13 <sup>TH</sup>	NOVEMBER 2008
FRIDAY 14 <sup>TH</sup>	NOVEMBER 2008

The normal cost of this course would be in the region of £250 plus VAT.



The cost of the Forum training initiative would be £200 with no VAT as the course would be run by individual fully qualified instructors who are not VAT registered.

The forum funding would be 50% meaning the cost to members would be just **£100**

This price would include all course materials and certification. The course will be held at a venue local to Earl Shilton and will be offering 12 places on the initial course. The places will be allocated on a first come first served basis and is also open to non-members at the full course price.

## **EFR FIRST AID**

This course is a one day course suitable for smaller businesses and will include the appointed persons certificate required by all businesses.

## **Emergency First Response Primary Care (CPR) Course Content**

**Emergency First Response Primary Care (CPR) teaches participants how to respond to life-threatening emergencies. The course focuses on primary care through a combination of knowledge development, skill development and realistic scenario practice to make sure participants have the confidence in their ability to provide care when emergency situations arise. Primary Care (CPR) skills taught in this course:**

**Scene Safety Assessment Universal Precautions - Communicable Disease Protection, including barrier use Primary Assessment Rescue Breathing Cardiopulmonary Resuscitation (CPR) Conscious and Unconscious Obstructed Airway Management Serious Bleeding Management Shock Management Spinal Injury Management.**

## **Emergency First Response Secondary Care (First Aid) Course Content**

Emergency First Response Secondary Care (first aid) covers injuries or illnesses that are not immediately life threatening. Participants focus on secondary assessment and first aid through knowledge development, skill development and realistic scenario practice.

Secondary Skills taught in this course:

- Injury Assessment
- Illness Assessment
- Bandaging
- Splinting for Dislocations and Fractures



***Includes Reference Section on the following topics:***

Allergic Reactions, Bruises, Burns, Chemical Burns, CPR (adult, child, infant) Choking (adult and infant), Cone Shell Stings, Coral, Jellyfish and Hydroid Stings, Cuts, Dental Injuries, Diabetic Problems, Dislocations and Fractures, Electrical Injuries, Eye Injuries, First Aid Kit Assembly, Fish Spine Injury, Frostbite, Heat Exhaustion, Heatstroke, Heart Attack, Hypothermia, Illness Assessment, Injury Assessment, Insect Stings, Octopus Bites, Poisoning, Rescue Breathing (adult, child, infant) Scrapes, Seizures, Snake Bites, Spider Bites, Sprains and Strains, Stroke, Temperature Related Injuries, Venomous Bites and Stings, and Illness Assessment Record Sheet.

The cost of this course is £75 including course materials and certification and again will be subsidised 50% to forum members, reducing the cost to **£37.50**

The date for this course will be scheduled for January 2009 and will again be limited to 12 subsidised members.

This is a fantastic opportunity for local shops and business's to benefit from Forum membership. Remember, membership of the Forum is currently free!! Take advantage of this and other Forum benefits now.

For all details on First Aid Course and to register your interest contact Steve Hardy on 01455 846725 or email [enquiries@earlshiltonbusinessforum.com](mailto:enquiries@earlshiltonbusinessforum.com).

**EARL SHILTON BUSINESS FORUM**  
**Working together for local business.**